

## Setting an Education Goal

	Total Points Earned
10	Total Points Possible
	Percentage

Name \_\_\_\_\_

Date \_\_\_\_\_

Class \_\_\_\_\_

**Directions:** Write an education goal for yourself by following the five elements of educational goal setting.

### Specific

- To be specific, state exactly what is to be done in your academics to reach a goal.
  - For example: I plan to raise my grade in advanced algebra.

What specific item are you striving to achieve? (1 point)

### Measurable

- To make a goal measurable, write the letter grade or final outcome for the goal.
  - For example: I plan to raise my grade from a B- to a B+ in advanced algebra.

What guidelines will you set to help you determine that this goal has been met? (1 point)

### Attainable

- To make the goal attainable, determine how the goal can be reached, which is often determined by an individual's current academics.
  - For example: I plan to raise my grade from a B- to a B+ in advanced algebra by staying after school on Monday and Wednesday nights for math tutoring.

How are you going to reach this goal? (1 point)

## Realistic

- Be realistic. Do not set the goal for something unattainable or out of reach.
  - If a person is already staying after school for other activities, are they willing to change their schedule or is there a different time of day additional help would be available?

Is the goal realistic? Why or why not? (1 point)

## Time Bound

- To make the goal time bound, specifically state when the goal needs to be reached. This is influenced by how attainable the goal is.
  - Realistically, a person cannot raise their math grade in one academic week.

When will you reach your goal? (1 point)

*The final goal example:*

- I plan to raise my advanced algebra grade from a B- to a B+ by the end of the semester in 9 weeks by attending math tutoring sessions two nights a week.

What is your final goal statement? (5 points)

