***Intro to Human Studies & Nutrition***

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class Pd \_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_

**MOCK LAB NOTES**

**(Fill in the blanks)**

1. Name 3 things you should do first when you enter the lab?

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2. Where do you find the utensils and appliances?

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3. Where do you find the spices such as salt, pepper, nutmeg?

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4. Which measuring device do you use to measure liquid ingredients? Which do you use for solid ingredients?

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5. What do you place on the rolling pin and cutting board when making dough & why?

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6. When making dough, what do you do if it is not solid enough?

7. What can you use as an alternative if you do not have a biscuit cutter to cut biscuits out?

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8. Name 3 things you could do while the products are in the oven baking/cooking?

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9. How do you know if the product is baked thoroughly?

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10. Once the product is finished, what do you do for the teacher’s sample for grading?

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11. Once finished, what do you do with the towels? What do you do with the aprons?

towels \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

aprons \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

12. Before leaving class, name 4 things you should do in your kitchen & table area?

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Final Question: Is there anything that you do not understand, confused on, or that you have further questions about?
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