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| |  | | --- | | Chapter 10 Nail Diseases and Disorders | |
| |  |  | | --- | --- | | Match each word to its definition | | | |  |  |  | | --- | --- | --- | | 1) | \_\_\_\_\_\_ | blue nails | | 2) | \_\_\_\_\_\_ | corrugations | | 3) | \_\_\_\_\_\_ | furrows | | 4) | \_\_\_\_\_\_ | onychatrophia | | 5) | \_\_\_\_\_\_ | onychauxis | | 6) | \_\_\_\_\_\_ | plicatured nails | | 7) | \_\_\_\_\_\_ | tile-shaped nails | | 8) | \_\_\_\_\_\_ | trumpet nails | | 9) | \_\_\_\_\_\_ | onychomadesis | | 10) | \_\_\_\_\_\_ | onychophosis | | 11) | \_\_\_\_\_\_ | onychoptosis |   . | |  |  | | --- | --- | | a) | growth of the horny epithelium in the nail bed | | b) | nails that turn a variety of colors; may indicate a systemic disorder | | c) | edges of the nail plate curl around to form the shape of a trumpet or cone around the free edge | | d) | depressions in the nail that run either lengthwise or across the nail | | e) | overgrowth or thickness of the nail; caused by a local infection, internal imbalance, or may be hereditary | | f) | atrophy or wasting away of the nails | | g) | folded nails | | h) | wavy ridges caused by uneven growth of the nail | | i) | periodic shedding of one or more nails | | j) | increased crosswise curvature throughout the nail plate | | k) | separation and falling off of a nail from the nail bed |   . | |
| |  |  | | --- | --- | | 12) | A nail condition that is safe to work on in the salon is: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | onychosis | b) | onychia | | c) | onychophagy | d) | paronychia |   . | |
| |  |  | | --- | --- | | 13) | The technical term for white spots or a whitish discoloration of the nails is: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | onychophagy | b) | onychorrexis | | c) | melanonychia | d) | leukonychia |   . | |
| |  |  | | --- | --- | | 14) | Hangnail or agnail is a condition of: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | splitting of the cuticles | b) | forward growth of skin | | c) | bitten nails | d) | abnormal nail brittleness |   . | |
| |  |  | | --- | --- | | 15) | Bruised nails may be a sign of: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | a severe stomach ailment | b) | a local bacterial infection | | c) | a chronic lung disorder | d) | a blood clot under the nail |   . | |
| |  |  | | --- | --- | | 16) | Uneven growth of the nails, usually a result of illness or injury, can cause: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | hangnails | b) | ridges | | c) | melanonychia | d) | onychophagy |   . | |
| |  |  | | --- | --- | | 17) | Carefully buffing the nails and applying a(n) \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is helpful when manicuring a client with ridges. | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | harsh abrasive | b) | filler with polish | | c) | antiseptic cream | d) | coat of primer |   . | |
| |  |  | | --- | --- | | 18) | Cutting off living tissue around the nail can result in: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | eggshell nails | b) | furrows | | c) | hangnails | d) | white spots |   . | |
| |  |  | | --- | --- | | 19) | Eggshell nails have a thin nail plate and are noticeably \_\_\_\_\_\_\_\_\_\_than normal: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | more rigid | b) | less fragile | | c) | more flexible | d) | less clear |   . | |
| |  |  | | --- | --- | | 20) | Darkening of the fingernails or toenails is called: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | leukonychia | b) | melanonychia | | c) | paronychia | d) | tinea |   . | |
| |  |  | | --- | --- | | 21) | Onychorrhexis is characterized by abnormally brittle nails with: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | overgrowth of the nail | b) | increased crosswise curvature | | c) | coned-shaped free edges | d) | lengthwise ridges of the nail plate |   . | |
| |  |  | | --- | --- | | 22) | Pterygium can be recognized by: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | forward growth of skin over the nail plate | b) | abnormal brittleness and flexibility | | c) | whitish discolorations with a yellow tinge | d) | wavy ridges and furrows |   . | |
| |  |  | | --- | --- | | 23) | Nail disorders formally called "molds" characterized by discoloration between the nail plate and artificial nails, are actually caused by: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | fungi | b) | bacteria | | c) | viruses | d) | injury |   . | |
| |  |  | | --- | --- | | 24) | Redness, pain, swelling, or pus is an indication of: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | infected finger | b) | tinea Pedis | | c) | nail fungus | d) | pyogenic granuloma |   . | |
| |  |  | | --- | --- | | 25) | Parasites are also known as: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | onychosis | b) | tinea | | c) | flagella | d) | fungi |   . | |
| |  |  | | --- | --- | | 26) | One of several common bacteria that can cause nail infections. | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | treponema pallida | b) | borrelia burgdorferi | | c) | mycobacterium fortuitum | d) | pseudomonas aeruginosa |   . | |
| |  |  | | --- | --- | | 27) | Nail disease or deformity in general is called: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | onyx | b) | onychauxis | | c) | onychosis | d) | onychophagy |   . | |
| |  |  | | --- | --- | | 28) | Paronychia, which affects the tissue surrounding the nail, is a(n): | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | ingrown nail | b) | bacterial inflammation | | c) | periodic shedding | d) | matrix bed |   . | |
| |  |  | | --- | --- | | 29) | An inflammation called onychia affects the: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | nail body | b) | free edge | | c) | cuticles | d) | matrix bed |   . | |
| |  |  | | --- | --- | | 30) | Onychocryptosis is commonly called: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | athlete's feet | b) | bitten nails | | c) | ingrown nails | d) | ringworm |   . | |
| |  |  | | --- | --- | | 31) | Onycholysis is commonly called: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | shedding of the nail | b) | lifting of the nail | | c) | increased nail curvature | d) | darkening of the nail |   . | |
| |  |  | | --- | --- | | 32) | One common symptom shared by onychomadesis and onychia is: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | overgrowth of the nail | b) | shedding of the nail | | c) | blisters on the skin | d) | inflammation of the nail |   . | |
| |  |  | | --- | --- | | 33) | A lump of red tissue that grows from the nail bed to the nail plate and causes nail inflammation is called: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | pyogenic granuloma | b) | tinea unguium | | c) | ingrown nails | d) | plicatured nails |   . | |
| |  |  | | --- | --- | | 34) | Tinea pedis is the medical term for: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | ingrown nails | b) | ringworm of the foot | | c) | ringworm of the scalp | d) | honeycomb ringworm |   . | |
| |  |  | | --- | --- | | 35) | \_\_\_\_\_\_\_\_\_\_\_\_\_\_ causes tiny pits or severe roughness on the surface of the nail plate. | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | honeycomb ringworm | b) | nail ringworm | | c) | athlete's feet | d) | nail psoriasis |   . | |
| |  |  | | --- | --- | | 36) | Whitish patches that can be scraped off the nail surface commonly known as Onychomycosis. | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | tinea unguium | b) | leukonychia | | c) | pyogenic granuloma | d) | tinea pedis |   . | |
| |  |  | | --- | --- | | 37) | A condition caused by an injury or disease of the nail unit. | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | nail disorder | b) | hangnail/agnail | | c) | bruised nails | d) | infected finger |   . | |
| |  |  | | --- | --- | | 38) | Reddened patches of small blisters; slight or severe itching. | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | beau's lines | b) | ridges | | c) | tinea | d) | onychia |   . | |
| |  |  | | --- | --- | | 39) | Visible depressions running across the width of the natural nail plate: | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | tinea unguium | b) | corrugations | | c) | beau's lines | d) | tines pedis |   . | |
| |  |  | | --- | --- | | 40) | Abnormal conditions that occurs when the skin is stretched by the nail plate; usually caused by serious injury or allergic reaction. | |  | |  |  |  |  | | --- | --- | --- | --- | | a) | bruised nails | b) | nail disorder | | c) | nail psoriasis | d) | nail ptyergium |   . | |